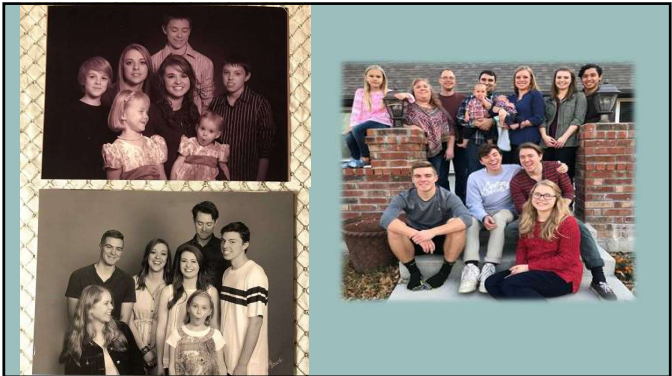
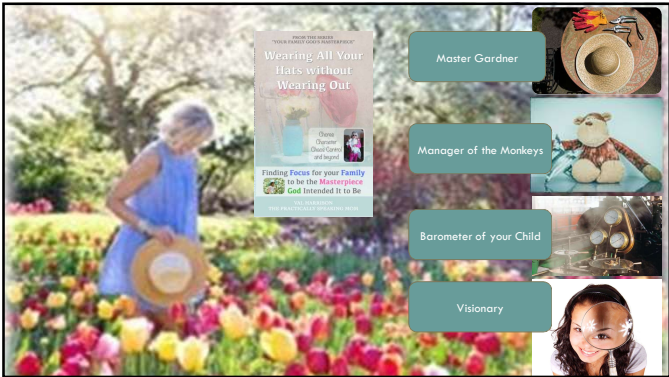




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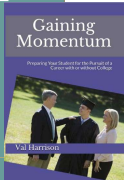
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Habits for Time Management

To Do List Symbols
C= calls to make
E= electronic tasks
O= out and about
N, B, E, R= people to delegate a task to
“Eat that Frog”
Touch things Once/ “Do It Now” DIN DIN Club
100% Habit



7



“Lord,
Give me PASSION for
your purposes
In this day
And
Peace for the
things
You don't want
Me to get
done.”

Passion and Peace

What God says about my day:
“For you are God’s artwork created in Christ Jesus to do good works which He prepared in advance for you to do.”
Ephesians 2:10

God provides ENOUGH time for me to accomplish EVERY GOOD WORK that He has prepared for me to do today.

8

Delegating tasks isn't about making life easier for you. It's about **GROWING** your kids' abilities, character, and work ethic.

- *Teaching Responsibility
- *Building Self-Esteem based on accomplishment and capability
- *Equipping our kids with success habits for life

Steps to Hand Off a Monkey: Effectively DELEGATING

1. Show it.
Watch it.
Praise it.
Repeat.

2. Then follow-up with

- *Standard of Excellence
- *Praise for what you want Repeated
- *Appropriate Consequences

Delegate jobs by assigning them to the **YOUNGEST** one capable of doing each task



Take the Time To deal with DETAILS



9



Goal

Your words to be **Valued**


Your words need to be Calm, Clear, and Consistent

- Mean what you say or don't say it
- NO must mean NO Or it means “Mom’s words don’t matter”
- Say it once and then act

GETTING KIDS TO LISTEN THE FIRST TIME PARENTS SAY SOMETHING

Give Value to Your Words

10




- *Think before you speak and make sure you're willing to enforce your words after the first time you say it.
- *Make sure your child is really listening before you start talking with **eye contact** and **proximity**.
- *Slow down to give your words the attention they deserve
- *Give clear instructions that are reasonable for your child's age and ability
- *Have them repeat back to you what you asked them to do, while you continue to make eye contact, insuring that neither of you have an excuse to renege. (Let them know that as long as they're in the habit of listening the first time, they won't have to repeat back what you said)
- *Hold to compliance to your word even when it is inconvenient for you to do so.

GIVE VALUE TO YOUR WORDS

Say it once and then enforce

11

Implement New Systems ONE AT A TIME



Systems for Simplicity & Self-Discipline

- *Internet Use Agreement —with regular review and accountability
- *Dirty dishes
- *Laundry
- *School Recordkeeping
- *Prepare the night before
- *Chore Chart

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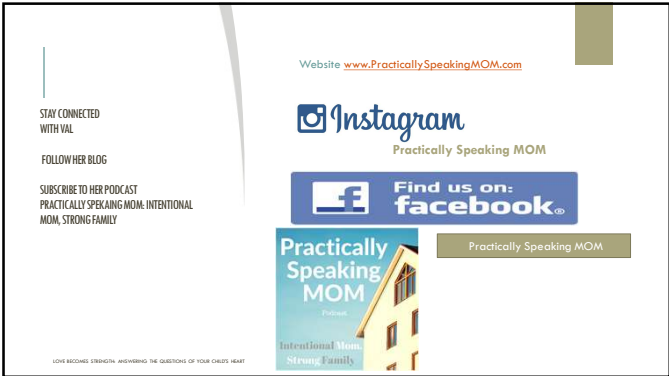
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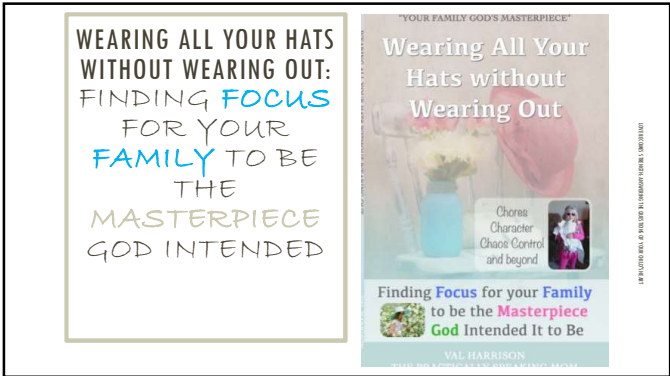
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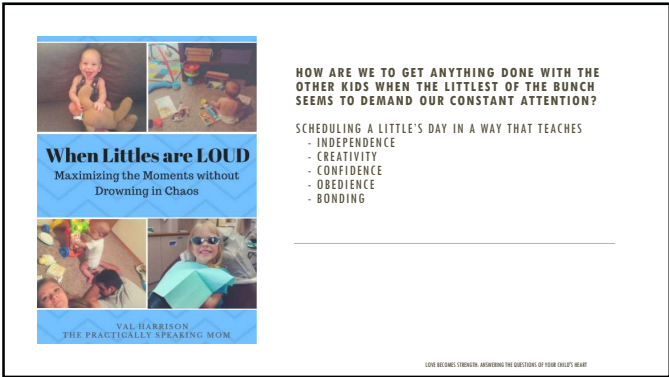
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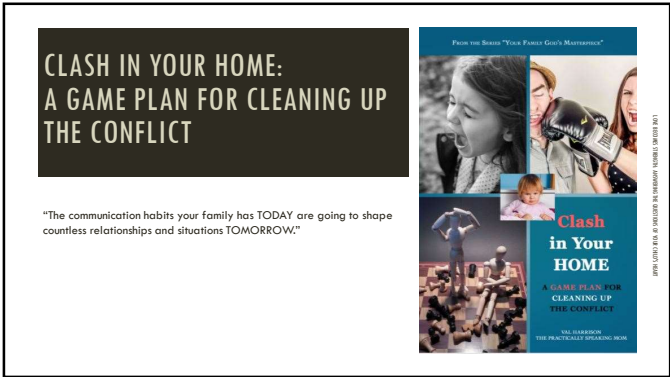
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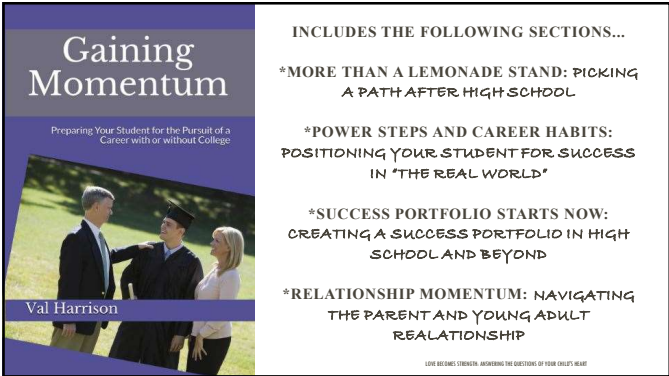
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