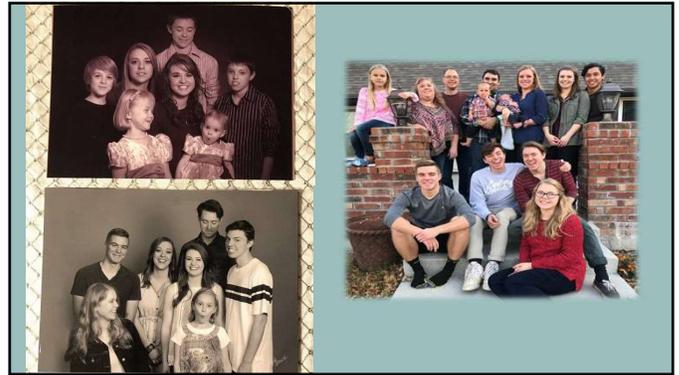


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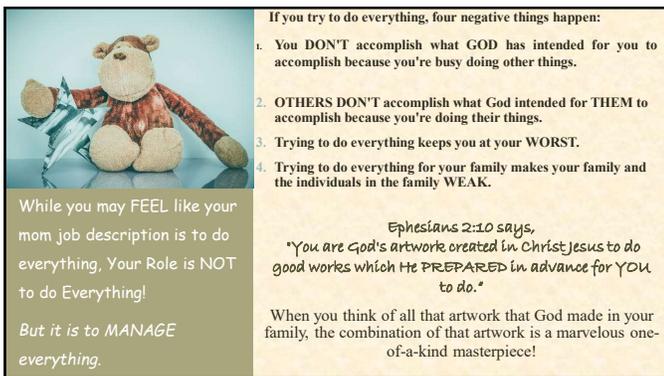
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4



5



6

Habits for Time Management

To Do List Symbols
C= calls to make
E= electronic tasks
O= out and about
N, B, E, R= people to delegate a task to
 “Eat that Frog”
 Touch things Once/ “Do It Now” DIN DIN Club
 100% Habit



7



“Lord, Give me **PASSION** for your purposes In this day And **Peace** for the things **You don't want Me to get done.**”

What God says about my day:
 “For you are God's artwork created in Christ Jesus to do good works which He prepared in advance for you to do.”
 Ephesians 2:10

God provides **ENOUGH** time for me to accomplish **EVERY GOOD WORK** that He has prepared for me to do today.

Passion and Peace

8

Delegating tasks isn't about making life easier for you. It's about **GROWING** your kids' abilities, character, and work ethic.

- *Teaching Responsibility
- *Building Self-Esteem based on accomplishment and capability
- *Equipping our kids with success habits for life

Steps to Hand Off a Monkey: Effectively DELEGATING

Delegate jobs by assigning them to the **YOUNGEST** one capable of doing each task

1. Show it.
Watch it.
Praise it.
Repeat.

Take the Time To deal with **DETAILS**



2. Then follow-up with

- *Standard of Excellence
- *Praise for what you want Repeated
- *Appropriate Consequences



9





Goal

Your words to be **Valued**

Your words need to be **Calm, Clear, and Consistent**

Mean what you say or don't say it

NO must mean **NO**
 Or it means “Mom's words don't matter”

Say it once and then act

GETTING KIDS TO LISTEN THE FIRST TIME PARENTS SAY SOMETHING

Give Value to Your Words

10



- *Think before you speak and make sure you're willing to enforce your words after the first time you say it.
- *Make sure your child is really listening before you start talking with **eye contact and proximity**.
- *Slow down to give your words the attention they deserve
- *Give clear instructions that are reasonable for your child's age and ability
- *Have them repeat back to you what you asked them to do, while you continue to make eye contact, insuring that neither of you have an excuse to renege. (Let them know that as long as they're in the habit of listening the first time, they won't have to repeat back what you said)
- *Hold to compliance to your word even when it is inconvenient for you to do so.

GIVE VALUE TO YOUR WORDS

Say it once and then enforce

11

Implement New Systems ONE AT A TIME



Systems for Simplicity & Self-Discipline

- *Internet Use Agreement —with regular review and accountability
- *Dirty dishes
- *Laundry
- *School Recordkeeping
- *Prepare the night before
- *Chore Chart

12

Education	<ul style="list-style-type: none"> Free websites for Kids to use Christian Mom Blogs & Education Resource Sites websites Planning and brainstorming for each child Extra Curricular organizations Kids' friends' info Clep info, Dual Credit info 	
Household	<ul style="list-style-type: none"> Insurance Info for Kids Forms Summer Bucket List Vacation Details House Projects – Price Comparing- article details Pet Info Medical Info Home Repair Details Natural Cleaners Recipe 	
Meals	<ul style="list-style-type: none"> Lunch: M-Chef Salad T-Sandwiches W-Hot Meal TH-Chicken Salad R-Pizza Vitamin Info for different Health Issues Holiday and Company Meal Plans Grocery Price Shopping Comparisons Standard Shopping List for Each Store 	

13

Before making a plan/schedule for the semester, get your FOCUS for the most important development first...

RAISING A LUKE 2:52 KID: SEMESTER GOAL SETTING

Semester Goals
 Four Main Categories to set goals about your child:

1. **Wisdom** - Academic, Mental Health
2. **Stature** - Physical Health and Ability
3. **Relationship** - Favor with God, Spiritual Health, Relationship with God, Character Development
4. **Character** - Favor with man, Integrity and Social Skills

www.PracticallySpeakingMOM.com

See your strategies on your site

Child _____

Academic Goal _____

Physical Goal _____

God Goal _____

Social Goal _____

Luke 2:52
 Jesus grew in wisdom, stature, favor with God, and favor with man

14

RECORDS BINDER OR FLASH DRIVE

- Calendar
- Field trip list w/ date, address, pics
- Volunteer list w/ date, address, supervisor contact info/ description of activity, pics
- Each Child's Schedule/Assignment Records
- Picture of the textbook cover, Table of Contents
- Syllabus
- Sample tests or all tests
- Sample workbook pages, homework, or writing papers

15

Set for Success

Saving TIME and seeking MASTERY of Each Step

Checking Schoolwork w/ Mastery in mind

Mastery at every step

Not a RACE to the finish line

Not a generic TIMELINE

16

SIMPLIFYING SUBJECTS

Simplify Subjects to Reduce Time and Increase Retention of Information

Math Success Habits for mastery and efficiency

History, Writing, Literature: Audio, Lunch (discussions, videos, current events/news) lapbooks, boards. Recommended magazines: Voice of the Martyrs, Focus on the Family Citizen, Student Daily App

Science – Experiments together. Heroes board (scientists and inventors). Free Creation magazine subscription.

Grammar- Shurley English Method, Word Roots, Spelling Phonetic Zoo

17

Lists to Make Before Making a Schedule

Places: Select multiple learning places: Family Learning, Reading, Mental Alertness, Music Instrument Practice, Audio Learning, Video Learning

Priorities: What are the most important subjects to us and the most important things you want your kids to learn about/grow in on a regular basis?

Alertness: What time of day, noise, activity affects my child's alertness?

Energy: Exerting energy frequently strengthens them mentally, physically, and emotionally. Make a list of energetic activities

Likes/and Dislikes: Schedule a "disliked" subject right before a liked activity and right after physical activity.

18

Priority: God 1st, Relationship with God, Devotions are scheduled 1st

Priority: Character & People Skills – strong character affects the quality of work, quality of relationships, and general life success – Make character development & people skills a top priority.

Priority: Habits, good or bad, can determine excellence or mediocrity- Develop successful habits in each subject as well as in lifestyle.

Priority: Variety in types of learning mediums (textbook, audio, video, hands on, discussion) and variety in learning spots helps to keep the mind engaged- Incorporate variety into our days.

Priority: Reading is key to success in many subjects. If the student struggles in reading they will struggle with several subjects that depend on reading. If they read a lot they will learn more – Make strong reading skills a top priority.

Priority: Math must be mastered at each level to move solidly to the next level. – Math must faithfully happen daily at an optimal time of day for mental alertness and adequate time to complete the work, check the work, correct the work.

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Listening while eating breakfast (Cross Seven memory video songs www.crosseven.org)

Family Priority- Devotions and People Skills

Math subject that needs most mental alertness @ dining table

Spelling – audio Phonetic Zoo

Language

Math Manipulative & xtramath.com

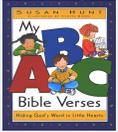
Reading Non questions with Mom

Handwriting while listening to history cd
continue listening to history

Bring handwriting and spelling to show mom

Lunch we often watch and discuss history videos or science videos. Fridays is fun show during lunch

After lunch **Read aloud Science** or science lab, **History** Lapbook, History Reading book, Bible workbook



20

7:30 Family Devotions & Alone Bible Time

7:50 Memory songs videos from Crosseven.org while eating breakfast

8:00 **Math**

- 8:30 5 minutes to play with dog
- 8:40 10 minutes morning chore and brush teeth, dressed

8:55 Spelling (Phonetic Zoo) then show it to mom

- 9:10 5 min active play popsicle sticks

9:15 **Language**

- 9:45 5 minutes to play with dog

9:55 Math Manipulative & xtramath.com

10:15 Reading **Non questions with Mom**

10:45 Piano

11:05 Handwriting while listening to history cd in bedroom

- 11:20 continue listening to history while having free play

12:00 Bring handwriting to show mom

Lunch we often watch and discuss history videos or science videos. Friday

After lunch Science or science lab, **History** Lapbook, History Reading book



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WEEK 10

Unit 1.1 Biological Evolution (10/1)	96	✓
Unit Chapter 5: Negative Effects of the Green - End-Misleading Effects of CO2	107	✓
Unit 1.4 Youth of Responsibility in Biological Growth (10/16)	107	✓
Unit Chapter 5: Continues of the Creation - Molecular Systems and Reproduction	107	✓
History Lab Exercise 6: Biological Relationships (1-4 Year)	107	✓
After Chapter 5 Test Questions	107/11	✓

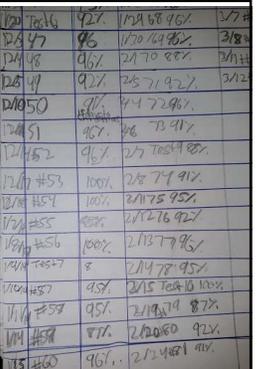
WEEK 11

CHAPTER 6: God's Power	110	✓
Unit 6.2 God in Person: Biological Experiments & Activity (12/8)	110	✓
Unit Chapter 6: God in a Person - Biological Science	110	✓
Unit 6.2 Biological Science II (12/8)	110	✓
Unit Chapter 6: History of Activity Continued	110	✓
Unit 6.3 Testative & Learned Behavior (10/10)	110	✓
Unit Chapter 6: Biological Relationships	110	✓

WEEK 12

Unit 6.4 Animal Intelligence (10/10)	110	✓
Unit Chapter 6: Biological Relationships Continued	110	✓
Unit 6.4 Animal Intelligence (10/10)	110	✓
Unit Chapter 6: Spiritual World	110	✓
Unit 6.4 Animal Personality (10/10)	110	✓
Unit Chapter 6: Biological Relationships	110	✓

*Simple Recordkeeping that increases student's responsibility



22

Save Your Sanity: The One-Hour-a-Week Quick Freezer Plan



1. **Raw Ground** mix of Beef or Turkey, frozen onion and pepper blend, eggs, oats, tomato paste, salt and pepper
2. **Browned Ground** Beef or Ground Turkey with frozen onion and pepper blend
3. **Browned Ground** Beef or Ground Turkey, frozen onion and pepper blend. Once browned add in cooked beans (pinto, black, or refried beans)
4. **Raw Chicken** Diced
5. **Cooked Chicken** Diced
6. **Browned Sausage** with frozen onion and pepper blend



23



Learning & Linking 3-51 Kid

Wearing All Your Hats without Wearing Out

Chores, Character Issues, Chaos Control

Finding Your Own for Your Family to be the Good Intended It to Be

Gaining Momentum

Simple Your Systems

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STAY CONNECTED WITH VAL

FOLLOW HER BLOG

SUBSCRIBE TO HER PODCAST
PRACTICALLY SPEAKING MOM: INTENTIONAL MOM, STRONG FAMILY

Website www.PracticallySpeakingMOM.com

Instagram
Practically Speaking MOM

Find us on: facebook®

Practically Speaking MOM
Intentional Mom, Strong Family

LOVE BECOMES STRENGTH. ANSWERING THE QUESTIONS OF YOUR CHILD'S HEART

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WEARING ALL YOUR HATS WITHOUT WEARING OUT:
FINDING FOCUS FOR YOUR FAMILY TO BE THE MASTERPIECE GOD INTENDED

"YOUR FAMILY GOD'S MASTERPIECE"

Wearing All Your Hats without Wearing Out

Character, Character, Character Control and beyond

Finding Focus for your Family to be the Masterpiece God Intended It to Be

VAL HARRISON
THE PRACTICALLY SPEAKING MOM

IF YOU LOVE ME, I WILL LOVE YOU IN RETURN. (MATTHEW 22:37)

26

When Littles are LOUD
Maximizing the Moments without Drowning in Chaos

HOW ARE WE TO GET ANYTHING DONE WITH THE OTHER KIDS WHEN THE LITTLEST OF THE BUNCH SEEMS TO DEMAND OUR CONSTANT ATTENTION?

SCHEDULING A LITTLE'S DAY IN A WAY THAT TEACHES

- INDEPENDENCE
- CREATIVITY
- CONFIDENCE
- OBEDIENCE
- BONDING

VAL HARRISON
THE PRACTICALLY SPEAKING MOM

LOVE BECOMES STRENGTH. ANSWERING THE QUESTIONS OF YOUR CHILD'S HEART

27

CLASH IN YOUR HOME:
A GAME PLAN FOR CLEANING UP THE CONFLICT

"The communication habits your family has TODAY are going to shape countless relationships and situations TOMORROW."

From the Series "Your Family God's Masterpiece"

Clash in Your HOME
A GAME PLAN FOR CLEANING UP THE CONFLICT

VAL HARRISON
THE PRACTICALLY SPEAKING MOM

IF YOU LOVE ME, I WILL LOVE YOU IN RETURN. (MATTHEW 22:37)

28

Gaining Momentum
Preparing Your Student for the Pursuit of a Career with or without College

Val Harrison

INCLUDES THE FOLLOWING SECTIONS...

- *MORE THAN A LEMONADE STAND: PICKING A PATH AFTER HIGH SCHOOL
- *POWER STEPS AND CAREER HABITS: POSITIONING YOUR STUDENT FOR SUCCESS IN "THE REAL WORLD"
- *SUCCESS PORTFOLIO STARTS NOW: CREATING A SUCCESS PORTFOLIO IN HIGH SCHOOL AND BEYOND
- *RELATIONSHIP MOMENTUM: NAVIGATING THE PARENT AND YOUNG ADULT RELATIONSHIP

LOVE BECOMES STRENGTH. ANSWERING THE QUESTIONS OF YOUR CHILD'S HEART

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MATERIALS BY VAL AT WWW.PRACITACLLYSPEAKINGMOM.COM

CDs -workshops by Val Harrison

Help Your Family Build a Habit of Mutual Respect, and Your Kids Will Thank You!

Prepare Your Child for the Real World by Teaching Them to Be Responsible, Hardworking, and Grateful!

IF YOU LOVE ME, I WILL LOVE YOU IN RETURN. (MATTHEW 22:37)

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